## **Ohio CareLine**

- The Ohio CareLine is a toll-free, confidential emotional support call service created by the Ohio Department of Mental Health and Addiction Services.
- Trained, licensed clinicians will answer calls and offer emotional support and assistance 24 hours a day, 7 days a week.
- The CareLine exists to provide emotional support to Ohioans struggling with these challenging times.
- All calls will be confidential.
- Your mental health is just as important as your physical health.
- Ohio CareLine: 1-800-720-9616



Ohio's CareLine is available 24/7 and is staffed with licensed behavioral health professionals.





**Ohio** Department of Health